I DON'T LOOK SICK

(But I have Amyloidosis)

I DON'T LOOK SICK, but I have an incurable malignant disease that is destroying my body and may eventually cut my life short unless it can be controlled.

I DON'T LOOK SICK, but my doctors are giving me very toxic drugs because they believe the benefits of destroying certain parts of my body outweigh the risk that I will temporarily or permanently cause damage to other parts of my body.

I DON'T LOOK SICK, but I struggle with fatigue and nausea most days and it takes me a lot longer to do many things which used to be easy for me.

I DON'T LOOK SICK, but I have difficulty walking because my disease and the medicines I am taking eat away my muscles and my peripheral nerves.

I DON'T LOOK SICK, but I can have trouble eating because of sores in my mouth, constant bad taste from medications, and difficulty swallowing.

I DON'T LOOK SICK, but I sometimes have difficulty controlling my thoughts and emotions because of the trauma I am going through in my life, and because some of my medications cause wild mood swings.

I DON'T LOOK SICK, but I struggle every day to get up and support myself and take care of my responsibilities, regardless of how bad I feel or whether I am sure can make it through the day.

I DON'T LOOK SICK, but I have continuous swelling in my legs and feet, bloating, lightheadedness, enlarged tongue, shortness of breath, diarrhea or constipation, excessive bubbles in urine, lack of sleep, bruising or bleeding, recurrent infections, and many other ailments which have become a regular part of my daily life.

I DON'T LOOK SICK, but I know I am not alone. Anyone with any condition that causes pain, dysfunction, distress, social problems, or death battles with their disease. There are many of us, and we all fight together, each in our own way.

I DON'T LOOK SICK, but you'll never know the struggle beneath the surface.